

# The Rounds

Volume 1, 2019

Made for the love of *nursing!*



Taking advantage of a *Golden* opportunity!

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*Helping* our community breathe a little easier.

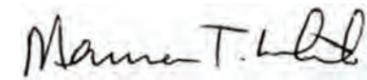
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Dear nursing colleagues,

At Northwell Health, nursing is so much more than just a job or a profession. It's a calling that our nurses answer with the highest level of dedication, purpose and...love.

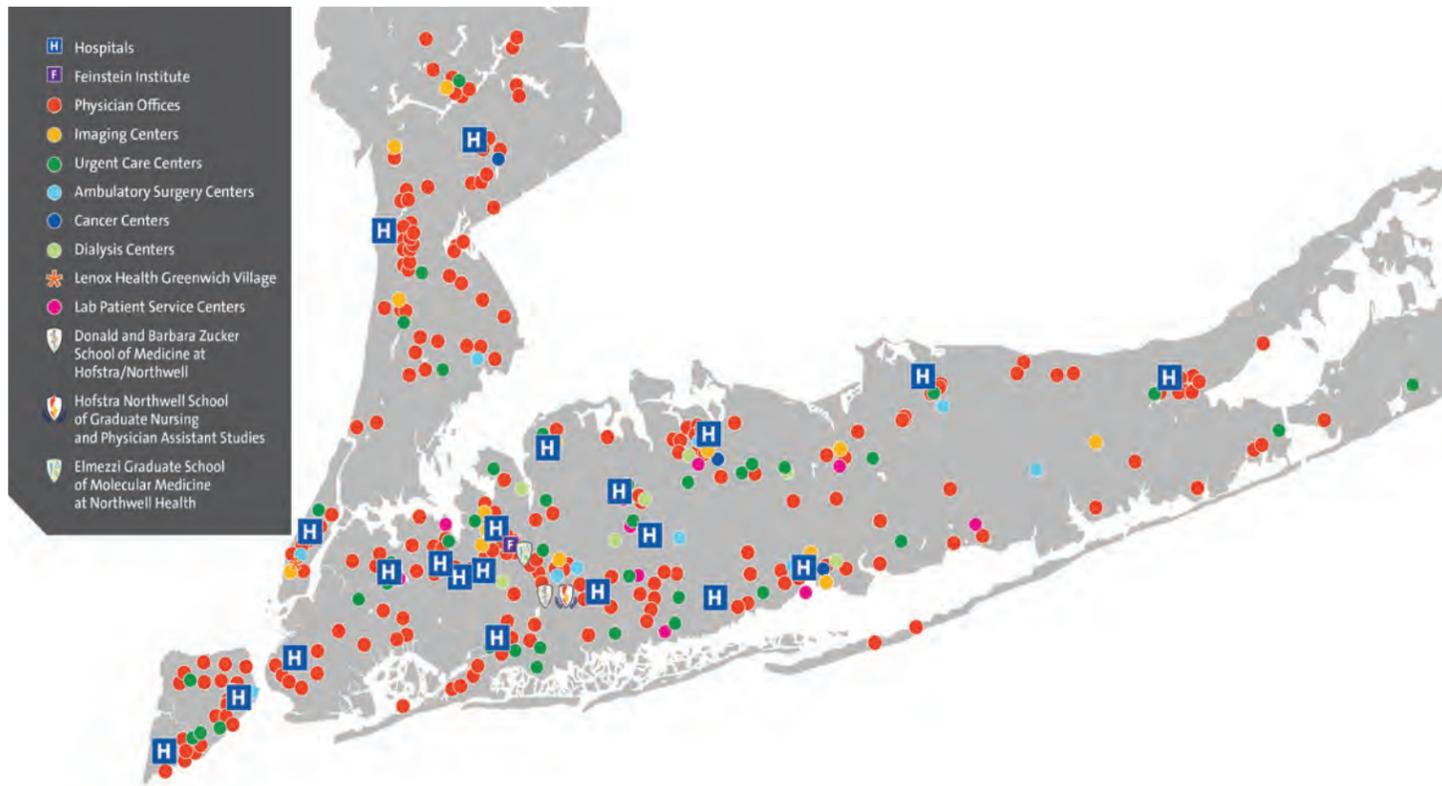
This is what sets our nurses apart. From the most complex of clinical procedures to the simplest of comforting words, our nurses devote only their best to their patients, their patients' families and each other every day. It's what enables us to achieve the highest level of nursing excellence, including multiple Magnet® designated hospitals.

Throughout this e-book, you will see what a true passion for nursing looks like. If you share this love for nursing, we invite you to consider joining us.



Maureen White, RN  
Senior Vice President and Chief Nurse Executive





### Our Facilities

More than 700 Ambulatory Practices  
 Broadlawn Manor Rehab  
 Cohen Children's Medical Center  
 Glen Cove Hospital  
 Huntington Hospital  
 Lenox Health Greenwich Village  
 Lenox Hill Hospital  
 Long Island Jewish Forest Hills  
 Long Island Jewish Medical Center  
 Long Island Jewish Valley Stream  
 Manhattan Eye, Ear and Throat Hospital  
 Mather Hospital  
 Monter Cancer Center  
 Northern Westchester Hospital  
 North Shore University Hospital  
 Northwell Health At Home

OCIO - Clinical Informatics  
 ORZAC Center for Rehabilitation  
 Peconic Bay Medical Center  
 Phelps Hospital  
 Plainview Hospital  
 South Oaks Hospital  
 Southside Hospital  
 Staten Island University Hospital  
 Stern Family Center for Rehab  
 Syosset Hospital  
 Zucker Hillside Hospital



Nursing Careers  
 Creating your own  
*future* as a nurse with  
 Northwell Health.

Are you Made for *this*?

Explore careers

# Making the rounds at Northwell Health

Vol. 1, 2019



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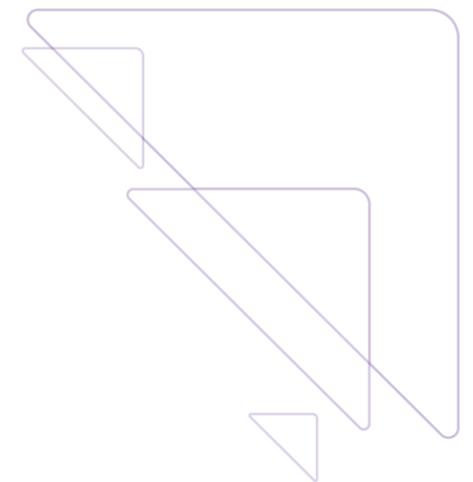
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# Taking advantage of a *Golden* opportunity

With a focus on identifying and empowering the next generation of Truly Ambitious nurses, this year's Golden Ticket Nursing Showcase was a huge success. With more than 520 junior and senior students from over 42 schools in attendance, this was our biggest Golden Ticket event yet!

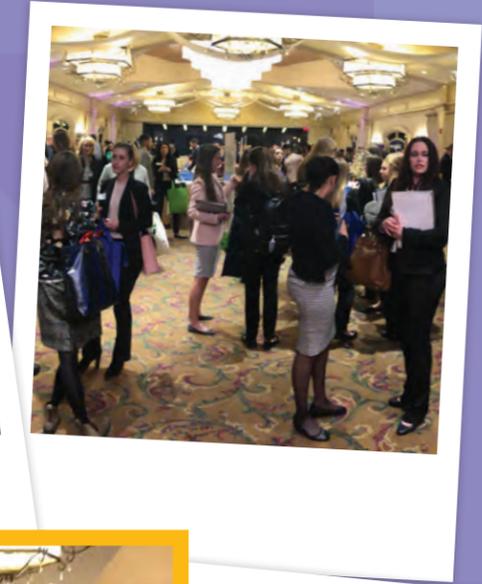
Held at the Crest Hollow Country Club, this important event helped recruiters identify promising top nursing college students who could one day help define the future of health care at Northwell Health. It also gave students a unique glimpse into the exciting challenges and rewards of being a nurse with New York State's largest health system.

Students in attendance discovered many opportunities to advance their career potential by listening to speakers, attending presentations and networking. Over 250 students attended the Peri-Operative session! Students were able to connect with nursing leaders and frontline nurses representing 23 Northwell Health hospitals. More than 150 Northwell employees attended, including senior leadership, senior nursing education leadership, chief nursing officers of our medical centers and hospitals, nursing staff and the corporate recruitment team. The event also featured:

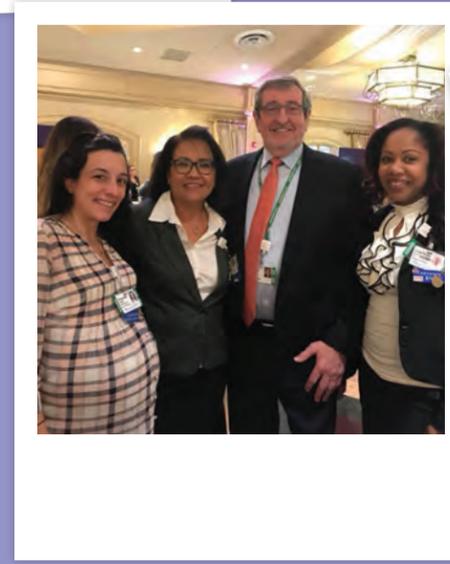
- 17 department and service line tables, including Emergency, Critical Care, Home Care, Clinical Informatics, Cancer, Pediatrics, Medical, Surgical, Oncology, Peri-Operative Services, Talent Acquisition, FlexStaff, Float, Mother/Baby, Behavioral Health, NICU, Telemetry, Rehabilitation, and Health Solutions
- Nine Culture Center tables, including Diversity & Inclusion, CRNA, Office of Patient and Customer Experience, Community Relations, Institute for Nursing, Nursing Research, Our Magnet® Journey, Center for Learning and Innovation, Hofstra Northwell School of Graduate Nursing and Physician Assistant Studies, and Wellness

Michael J. Dowling, Northwell Health's President and CEO even made a surprise visit, delivering an inspirational speech during the senior session.

You can check out more on this year's Golden Ticket Nursing Showcase by visiting #NorthwellGoldenTicket on social media or seeing Northwell's Instagram Story.



Watch video



# Caring for the littlest among us in a very *big* way

From January through November 2018, the nurses of Cohen Children's Medical Center enabled us to:



Deliver 7,500 babies



Perform 2,507 inpatient & outpatient surgeries



Handle 49,526 ER visits



## BEE MINDFUL: A *sweet* approach to caring for children with special needs

The nurses of Cohen Children's Medical Center enjoy the privilege of caring for the smallest and most vulnerable among us. They created the BEE MINDFUL program to redefine care delivery for children with special needs. The program utilizes an original Pediatric Neurobehavioral Assessment Tool (PNAT) and branded symbol created by the team at Cohen Children's.

Literature shows that the use of a traditional healthcare approach for special needs children often increases length of stay and makes these children more averse to future medical care. The PNAT tool captures the specific needs of the child and enables timely medical interventions. Through the BEE MINDFUL PNAT (Pediatric Neurobehavioral Assessment Tool) appropriate, safe, quality care

interventions are provided and captured in the medical record.

By implementing the BEE MINDFUL program, the average length of stay for patients at Cohen Children's Medical Center has been reduced. Patient experience scores have also improved. The program has even been implemented at in-patient pediatric units throughout the Northwell Health system, including Lenox Hill Hospital, Huntington Hospital, Staten Island University Hospital, and Southside Hospital.

Through the BEE MINDFUL program, Northwell Health nurses are improving the care for children with special needs, preventing aversions to future medical care, and bringing peace of mind to parents.

# A family *tradition* of caring and compassion

By Dana Cortapasso, RN, BSN, MBA

I come from a family of medical professionals. My father is a doctor and my mother and three sisters all pursued nursing careers. Their experiences influenced my desire to care for those with special needs and substance use disorders. I also have a passion for nutrition and languages. In deciding my life's path, my parents advised me that a career in nursing would give me the opportunity to pursue all these passions and more. After obtaining my nursing degree in 2012, I was accepted into the Emergency Department Fellowship Program at Lenox Hill Hospital. During my time as a frontline staff nurse, I learned how to care for patients in a high stress, fast-paced environment while gaining the leadership skills to take on the role of charge nurse.

After three years of bedside nursing, I became Assistant Nurse Manager in the Lenox Hill Hospital ED. I also enjoyed the privilege of being nominated and accepted into the first Emergency Medicine Service Line (EMSL) Clinical Leadership Development Program. I learned new skills, such as performance improvement, quality management, lean methodology and clinical operations. With the help of a Northwell Health scholarship, I completed my Masters of Business Administration (MBA) with a focus on strategic healthcare management at Hofstra University.

In 2017, I was promoted to Assistant Director of Quality Management at the Emergency Medicine Service Line. In this role, I am able to pursue my passion for leadership, quality and operations while maintaining my clinical skills in the Emergency Department. I am honored to have been accepted into all of the wonderful programs Northwell Health has to offer and am excited to continue my journey with the health system.



Dana Cortapasso, RN, BSN, MBA

### Present

Assistant Director of Quality Management, Emergency Medicine Service Line

### 2015-2017

Quality Specialist, Lenox Hill Hospital, Long Island Jewish Medical Center

### 2015

Assistant Nurse Manager, Lenox Hill Hospital

### 2012-2013

Registered Nurse, Emergency Department Fellowship Program, Lenox Hill Hospital

## When Fortune *smiled* on those most in need



Marie Fortune is a telemetry registered nurse at Glen Cove Hospital with a love for helping others. Marie shared her thoughts on her missionary work in Haiti:

*“How can you turn your back on someone that is crying to you: ‘I’m hungry! Help me!’?”*

"It started after a visit to a neighborhood in Haiti where the children are deprived of everything: Malnutrition, poor health, and no education. It has been a priority for me to provide a small clinic, a small cafeteria, a church and scholarship for them. I've organized a health fair twice a year for the past 10 years and it's a blessing for me to be able to make a difference in their lives."

## Going the *extra mile* to deliver best practice Parkinson's care

Marylus Lopez, RN and Kadija Greco, RN, from Glen Cove Hospital's Brain Injury Unit, attended Allied Team Training for Parkinson (ATTP). This three-day course is based on the National Parkinson Foundation ATTP training program. It's designed to increase knowledge of Parkinson's disease and build capacity for comprehensive inter-professional care in the treatment of Parkinson's disease. Thanks to the efforts of Marylus, Kadija and other dedicated individuals, the Brain Injury Unit will initiate a Parkinson's Rehabilitation Program in 2019.



## Prestigious recognition for mother-baby care

The Family Medicine Ambulatory Care Center at Glen Cove Hospital became the first practice in Nassau County to receive the New York State Department of Health "Breastfeeding Friendly Practice" designation.

Glen Cove's designation was achieved with the support of the Breastfeeding Resiliency, Empowerment, and Engagement team at Cohen Children's Medical Center in New Hyde Park.

This recognition was made possible by the devotion of the center's certified breastfeeding counselor, Mary Goussis. Mary advises mothers about breastfeeding, including best practices while helping to create policies and procedures to help more mothers exclusively breastfeed. "When a mother comes for her initial prenatal exam, she is given literature about breastfeeding," said Goussis. "Our staff was trained to better understand the benefits of breastfeeding."

Breastfeeding has been shown to lower a baby's risk of many conditions, such as obesity, ear infections and asthma, among others. It also benefits mothers by decreasing their risk of Type II diabetes as well as some forms of breast and ovarian cancers.

# Living out our *love* for nursing all year

2018 was an exciting year at Huntington Hospital. Here are some highlights:

- As a four-time Magnet® designated hospital, Huntington Hospital continues to emphasize professional development. The current percentage of Huntington Hospital nurses who have their BSN or higher is over 90. Certification rate is at 66%, well above the 43% Magnet benchmark.
- Knowing that quality is a collaborative effort that involves the patient and entire healthcare team, Huntington Hospital achieved important quality benchmarks. The hospital reduced central line associated blood stream infections (CLABS) to zero and sustained zero for ventilator associated pneumonia (VAP) and catheter associated urinary tract infections (CAUTI) in the critical care units. Hospital acquired pressure ulcers (HAPU) and fall rates have decreased by over 30%.
- Reducing patient injury is consistent with Northwell Health’s goal of eliminating preventable harm. Huntington Hospital achieved success in this area through the right combination of technology, care processes and shared mental model of focusing on patient safety.
- Knowing that nurses are the hospital’s most important asset, Huntington Hospital continued to reward, recognize and foster the development of nurses through various programs such as the Prepare Today/L.E.A.D. Tomorrow and mentoring programs.

# Shining the light on *excellence* – Lenox Hill Hospital wins a Beacon Award



Lenox Hill Hospital’s first ever Beacon Award was presented to the Critical Care Unit!

The American Association of Critical-Care Nurses (AACN) created the Beacon Award for Excellence® to recognize individual units that distinguish themselves by improving every facet of patient care. As individual units strive for excellence, the Beacon program’s three levels of designation – gold, silver and bronze – recognize significant milestones along a unit’s journey to excellence.

This was a two-year journey of excellence, with a rigorous application process, supporting evidence and proven sustained outcomes. In the end Lenox Hill’s CCU got the Gold! Congratulations to every one of the exceptional nurses who made this possible.



*Nyishah Samaniego, MSN, RN, CEN, TCRN, NE-BC*

### Present

Nurse Manager, Cath Lab, Lenox Hill Hospital

### 2017

Assistant Nurse Manager, Critical Care, Lenox Hill Hospital



# Celebrating the love of nursing



Lenox Hill Hospital, MEETH and Lenox Hill Greenwich Village RNs love what they do and always strive to be the best! This was on full display at the Lenox Hill Hospital Recruitment and Retention Council which hosted its second annual RN graduation celebration. Over 40 RNs were recognized for emphasizing lifelong learning, and achieving AAS, BSN and MS Degrees this year. This amazing graduation celebration could not happen without the R&R Council. Thanks to Hadassah Lampert, RN in ER for the most amazing cake!



# Sharing a heart for cardiovascular excellence

Lenox Hill Hospital's Cardiovascular Department held its Thoracic Surgery's 5th annual Cardiothoracic Symposium. The symposium is a truly interdisciplinary event, with presentations from the department's cardiac surgeons, thoracic surgeons, CTICU intensivists, CTICU nurses, and Physician Assistants. In addition to those within the department, colleagues from other departments such as, pulmonology and electrophysiology also presented.

The forum provides a great opportunity to promote and share best practice standards among all members of the interdisciplinary team and foster collaboration among various departments. Under Dr. S. Jacob Scheinerman's leadership, the department of Cardiovascular and Thoracic surgery

strives to promote a culture of continued learning and professional development. The Cardiothoracic Symposium facilitates an educational experience that enables team members and clinicians to enhance their knowledge, allowing them to deliver the highest quality patient care.



# Going above and *beyond* to keep democracy healthy

An unplanned hospital visit should not stop patients from getting out and voting. That's why Lisa Schavrien and Erin Smith, two of Lenox Hill Hospital's Maternal Child Health RNs led a group of volunteers in ensuring hospital patients got

to vote on Election Day. There may not be any other hospital in the country that does this for their patients. The plan started in Maternal Child Health, but Lisa and Erin wanted to involve the entire in-patient population.



Critical Care Nursing Careers  
Are you Made for *delivering* your best care at the most *critical* moments?

Start here



Long Island Jewish Forest Hills Hospital

# We're *growing!* Explore the new additions we're making at LIJ Forest Hills Hospital

Exciting things are happening inside LIJ Forest Hills Hospital! We have brought several major programmatic expansion and facility modernization projects to our community and the patients we serve over the last couple of years. This means more career opportunities in a wide variety of clinical and non-clinical areas.

Here are some of our newest developments:

### Breast Health and Mammography Program

Our brand new revolutionary mammography program led by Dr. Daniel Settle, board-certified radiologist, and mammographer, provides quality breast imaging to our community. Designed with our partners in Northwell Health's Imaging Service Line, we're working Truly Together from referral to mammography reading (completed by board-certified radiologists, fellowship trained in mammography) with additional procedures including Ultrasound and/or MRI if necessary. Our mammography suite is equipped with state-of-the-art mammography equipment and our entire program will soon be accredited by the American College of Radiology. Our director of breast surgery, Dr. Susan Lee, is available for immediate consultation and/or surgery, should that be recommended.

### New Life Center (Labor & Delivery, NICU, Post-Partum Unit)

Our already Baby-Friendly designated hospital has recently undergone a total renovation. We've built a brand new post-partum unit, creating an amazing environment for patients and families, and renovated our well-baby nursery and Level 2 neonatal intensive care unit.

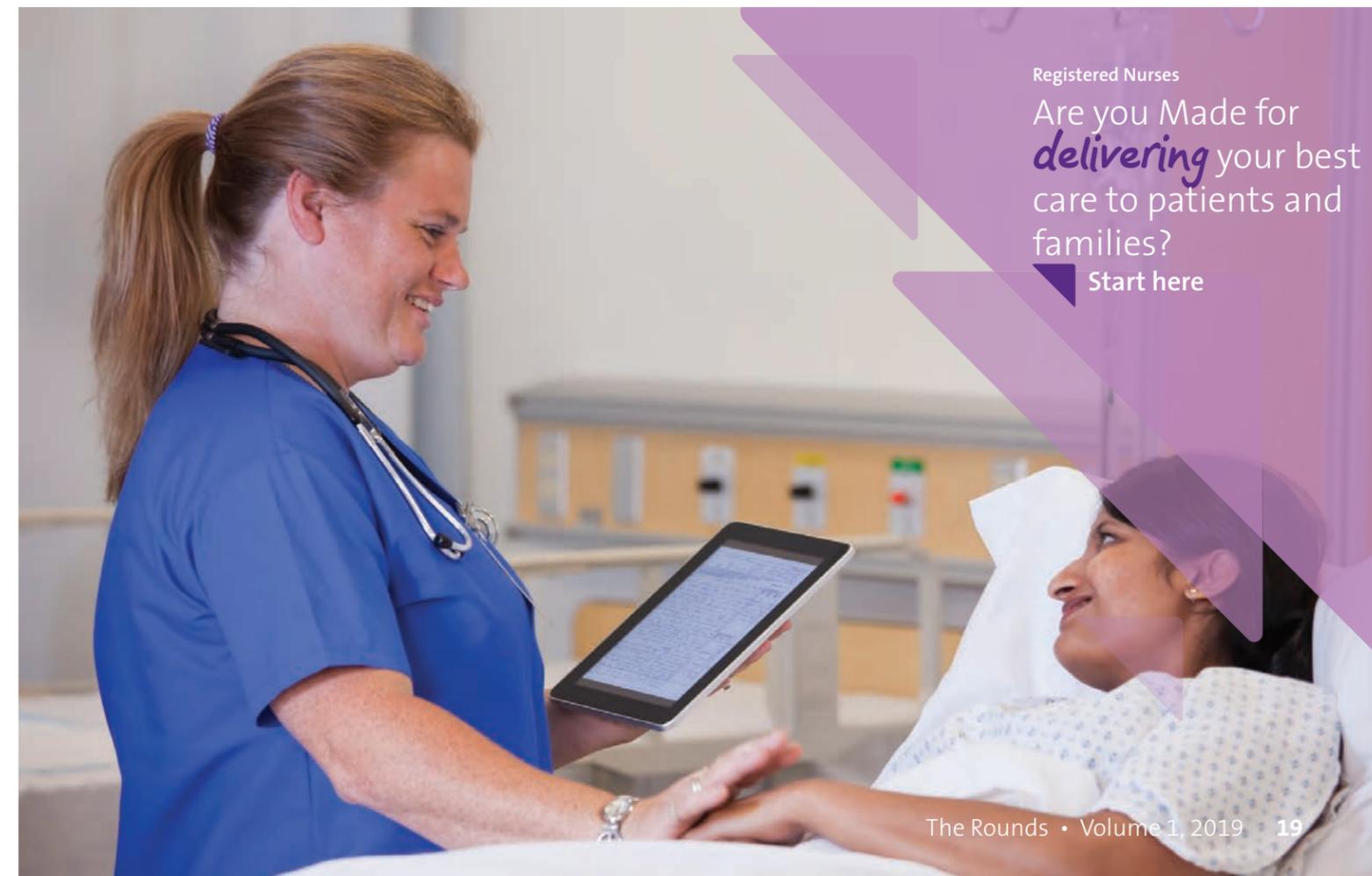
### Telehealth and telestroke programs

Telestroke is a telemedicine technology that utilizes a computer screen and video camera to allow our board-certified, fellowship trained stroke neurologists to quickly evaluate patients presenting with stroke symptoms, even though those stroke neurologists may not be on-site. Through this technology, patients, families, and our health care teams in the Emergency Department can speak to Northwell Health specialists via the computer screen/camera, who can readily evaluate a patient with stroke symptoms to determine the best course of care. This is just one part of our continuous goal to renovate our Emergency Department to be on the forefront of medical advancements.

### Meditation Center

In 2019, LIJFH opened its non-denominational meditation center with the input and help of chaplains from our community. This quiet space in the hospital provides an area for staff, visitors, and patients to reflect. This meditation center will also offer services from different community-based spiritual leaders who dedicate their time at the hospital.

If you'd like to part of this kind of exciting growth, explore openings at LIJ Forest Hills Hospital.



# Celebrating our Daisy Award winners

## Daisy Mathew, RN, BSN Emergency Department

Daisy was recognized by a patient's wife in the ED. Daisy comforted the patient's wife during her husband's stay in the ED and continued to provide support during his ICU visit. This is just one example of how caring and thoughtful Daisy is as a member of the ED team. Daisy always sets a positive and caring example for other nurses to emulate.



*Daisy Mathew, RN, BSN*



*Joanne Seylar*

## Joanne Seylar Nurse Manager, Dialysis

Joanne always strives to improve quality of care by encouraging input and ideas for improvement. She inspires everyone around her to "think outside the box." There is never a time when Joanne is not smiling.



## All aboard the "MentorSHIP"

LIJMC launched its first "MentorSHIP program – Success, Hospitality, Innovation, Professional. This unique program provides select nurses with the opportunity to be partnered with a leader to enhance

leadership skills through feedback and coaching. It also enables participants to learn about each other, expand their professional networks, and gain insights into different aspects of the organization.

## Passionate about advancing the nursing profession

The LIJMC nursing department recently initiated its first research and evidence-based practice mentorship program. The program supports research and evidence-based practice skills development in clinical nurses through education, mentoring, and project assistance. Twenty registered nurses participated representing all clinical service lines. They experienced the full spectrum of the evidence-based practice process. Seven projects were completed and presented at Northwell Health's Nursing Evidence Based Practice Conference. The mentees are now focusing on translating the evidence into practice and improving patient outcomes and nursing processes.



## Helping our community breathe a little easier

Severe Acute Respiratory Distress Syndrome (ARDS) carries a high morbidity and mortality rate. Long Island Jewish Medical Center (LIJMC)'s Acute Lung Injury Center was created to deliver the highest level of best-practice care for these patients, including extra-corporal membrane oxygenation (ECMO). Through the collaborative efforts of the cardiothoracic and pulmonary/critical care physicians, nurses, respiratory therapists, perfusionists, patient care associates, and nurse leaders, the acute lung injury center is achieving extraordinary outcomes like this story...

On his first visit to New York, a young male developed shortness of breath in flight. He was admitted to LIJMC and was diagnosed with bilateral pulmonary emboli and methicillin-susceptible *Staphylococcus aureus* acute respiratory distress syndrome. His condition rapidly deteriorated and required ECMO. It took the heroic efforts of a team to address major life-threatening complications. After 21 days on ECMO, he was safely airlifted to his country to continue his recovery and rehabilitation. Today he is safely home with his family.

We're proud of the incredible nursing professionals who deliver this kind of exceptional care.



Jeremy Boley, BSN, CCRN

*"We're caring for patients at the most vulnerable point in their lives. You get to make a lasting impact on the patient and their family. I am truly grateful to be a part of this team."*



Christina Rodriguez, BSN, RN

*"Being placed on the ECMO circuit is often a patient's last hope. We are determined to assist them in overcoming these obstacles so they can return to their normal lives."*



Caitlin Bellissimo, BSN, RN

*"I love taking care of ECMO patients because it is very hands-on. We see how our teamwork comes to fruition as the patient gets better. I am happy to be able to provide such a high level of care."*



Marisa Allen, BSN, CCRN

*"Providing care to an ECMO patient requires a lot of patience and compassion. These patients are going through one of the scariest and hardest times of their lives. It is rewarding to see how we can really make a difference."*



Tara Burke, BSN, RN

*"I love the interesting patient population that the ECMO program brings to the unit. It motivates us to do everything we can to save these people's lives. We become really involved with them and their families on a personal level."*



Sonia Agard, NA

*"It's challenging taking care of ECMO patients, especially the young ones. It could be your child or your family member in that same position so I try to do everything in my power to make them as comfortable as possible."*



Dylan Scherpich, BSN, RN

*"I love the critical aspect of a patient on ECMO. It provides us with limitless learning opportunities. We got to learn firsthand from the Lead Perfusionist and run through wet labs to prepare us for any emergency situation that may arise."*



## LIJ Valley Stream *earns* NICHE designation

As our population ages, healthcare professionals should be knowledgeable about the specialized needs of the elderly. Nurses Improving Care for Health system Elders (NICHE) provides evidence-based best practices for the care of the hospitalized older adult. LIJ Valley Stream's journey to NICHE designation focused on improving patient outcomes and staff engagement. Our ultimate goal is to sustain a caring healing therapeutic environment for patients and families.

## *Elevating* our advanced practitioners

With the support of system champions, Maureen White RN, MBA, NEA-BC, FAAN and Dr. Alan Hartman SVP, Chief of cardiothoracic surgery, Northwell Health is driving exciting changes for advanced clinical providers. Dr. David Battinelli began his role as physician leader guiding and supporting Jason McGrade PA-C and Jennifer Laffey DNP, FNP-BC AVP's of ACP's to complete the ACP administrative leadership team. The focus and goal of the ACP leadership team is to refine ACP engagement, growth, and develop processes to shape the ACP strategy. A major focus will be on optimizing the relationship with the Hofstra School of Graduate Nursing.

- Seventeen physician champions have been tasked with supporting and building a culture of professionalism. Each champion represents a service line and the ACPs within that service line. The physician champions will help support the communities within service lines and make connections between the ambulatory and inpatient ACPs. These champions are removing practice barriers, supporting the elevation of ACP practice and facilitating service line-specific education.
- In response to your feedback from the Employee Engagement Survey, the 13th shift has been eliminated at all Northwell Health sites - a huge group effort. With this decision, many new employees were added to the ACP team.
- The onboarding of ACPs in 2018 has seen immense growth, led by ACP leadership and recruiter teams. In 2018, there have been over 500 ACP offers accepted.
- Northwell Health created a new opportunity to support and develop ACP training and education with the implementation of their "ACP Fellowship" programs. The first two service lines to make this commitment – Cardiothoracic Surgery and Emergency Medicine – will graduate their first ACP fellows in March 2019.
- In 2019, all ACPs will be aligned and affiliated with a service line. This affiliation will support the growth of an ACP community within a service line.



Home Care Nursing Careers

Bringing *quality* care  
from hospital to home.

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# Living out our *commitment* to wellness

North Shore University Hospital is committed to becoming the healthiest place to work by 2022. By bringing together Patient Care Services, Engineering & Dining Services, Human Resources, Northwell Center for Wellness and Integrative Medicine, and Northwell Employee Wellness, North Shore University Hospital (NSUH) is promoting a total culture of health and wellness. Initiatives include:

- An onsite 24/7 fitness center
- An onsite labyrinth to serve as a relaxation sanctuary
- Refreshed campus walking trail
- Site wide walking challenge “Walk To Manhattan” in which employees competed for a chance to win a Manhattan experience
- Onsite wellness studio complete with programming by the Northwell Center for Wellness and Integrative Medicine
- Unit based holistic huddles and house-wide wellness workshops
- Indoor and outdoor employee sanctuary spaces
- A new meditation space
- Extension of healthy food options for the night shift
- A wellness corner of the cafeteria and teaching kitchen hosted by Northwell Health’s VP of System Food Services and Corporate Chef Bruno Tison

Wellness efforts continue to be a priority for executive administration at NSUH. The hospital is well on its way to being the healthiest place to work!



# Honoring our multiple Beacon Award winners

The Beacon Award for Excellence signifies an effective and systematic approach to staff engagement and exceptional patient care. North Shore University Hospital has been privileged to have multiple units receive the Beacon Award:



The Neonatal Intensive Care Unit earned the Gold Level Beacon Award



The Critical Care Unit was awarded the Silver Level Beacon Award



The Medical Intensive Care Unit received a Silver Level Beacon Award

“These critical care teams embody the highest level of professionalism, skill and compassion for highly acute and complex patients, from newborns to adults,” Kerri Ann Scanlon, North Shore’s chief nursing officer and deputy chief nurse executive at Northwell Health, said.

In 2016, two other critical care units at NSUH – the Cardiothoracic Unit and the Neurosurgical Intensive Care Unit received the Silver Beacon Award for Excellence.



Mother/Baby Nursing Careers

We're made for *delivering* on our promise of care.

Are you Made for *this*?

 [Learn more](#)

# Doing what I *really love* – a career progression story

by Meghan Walter, RN BSN, MSN, PCCN, CEN

When entering college, I knew that I wanted to work in a profession that focused on people and science. That's why I decided to attend nursing school. I graduated from Pace University in 2010 with my Bachelor's Degree in Nursing and started working at Northern Westchester Hospital (NWH) that same year. I knew from school that NWH was where I wanted to work. Magnet® journey and Planetree designation made my decision easy.

Through involvement with shared governance, I was able to participate in leadership and educational opportunities to advance my career. With the clinical ladder, I was able to attend conferences and certification review courses to keep current with my practice. I was a member of the Professional Development Council and the Quality Council, both of which focused on education and process improvement. I became certified in Progressive Care and Emergency Nursing.

Northern Westchester Hospital has taught me a great deal about providing patient-centered care, the importance of clinical inquiry, and has nurtured my desire for life-long learning. With all of the support and guidance from my managers and mentors, I was able to go back to school for my Master's in Nursing Education. I am now able to do two things I love – nursing and education.



*Meghan Walter, RN BSN, MSN, PCCN, CEN*

### Present

Staff Educator, ED, Behavioral Health, Short Stay Unit/Pediatrics, Completed MSN, Northern Westchester Hospital

### 2013

Charge Nurse, ED, Northern Westchester Hospital

### 2010

Staff RN, Cardiopulmonary/Float Team, Northern Westchester Hospital

# How do we *love nursing?* Let us count the ways



1,319 babies delivered



7,736 surgeries completed



25,104 emergency visits

*\*Through October 2018*

# New Graduate RN Residents making a *name for themselves* at the 2018 Northwell Education Conference

Northwell Health loves to give Truly Ambitious nurses the chance to make an impact and get noticed. Susan Vrana-Koski, Program Director of the New Graduate RN Residency Program at Northern Westchester Hospital, spoke at the 2018 Northwell Education Conference about the innovative approaches being utilized in the residency program. Lindsay Condra BSN, RN; Abigail Armstrong, BSN, RN; Emily Battiloro, BSN, RN; and Kara Starkey, BSN, RN, recent graduates of the residency program, spoke about the educational support given by their preceptors. They also shared how daily clinical inquiry rounding by nurse educators, attendance at transition meetings, and participation on the Evidence Based Practice and Research (EBPR) Council helped develop their clinical reasoning and critical thinking skills. This successful transition to practice residency program is currently on the path to becoming a certified program by the American Nurse Credentialing Center (ANCC).



*Abigail Armstrong, Kara Starkey, Emily Battiloro, and Lindsay Condra.*

# Our *commitment* is more than skin deep

Phelps Hospital held its second annual "Skin Product Fair." Several vendors were invited to display various products, which are available in the Phelps formulary. Deborah Reynolds, BA, RN, CWOCN also initiated a Skin Champion Program at Phelps Hospital. The Phelps Hospital Skin Champions will assist with the identification and management of wounds, assist in staging pressure injuries and act as resources to their peers, both on their units and other areas of the hospital, upon request. The skin champions are members of the monthly Phelps Pressure Injury Resource (PIR) committee. The skin champions will also conduct patient skin assessments as part of the Quarterly NDNQI Prevalence Data collections.



## Meet your Champions - Days

2018-2019

ED Donisha Sledge	1S Jenna Harris	2C Carrie Klemens
5S Kellie Mason	5S Lauren Guardino	5N Jisha Thomas
5N JoAnn DiNardo	5N Amanda McNiff	ICU Alice Mulligan

## Meet your Champions - Evenings/Nights

2018-2019

ED Satydra Jackson	1S Claudette Nelson	2N Danielle Medina
5S Tammy Wilson		5N Ronda Haroon
ICU Elizabeth Keogh	ICU Coreen Palmero	ICU Ria Samson



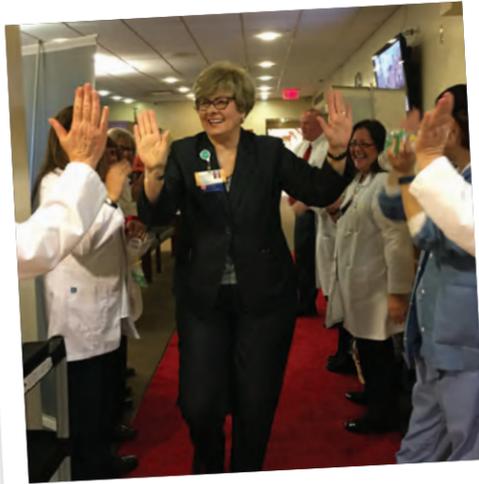
# Meet the new *President Elect* of the New York State Emergency Nurses' Association (ENA)

Maryann Portoro, RN, has worked at Phelps Hospital's Emergency Department since 2000 and is valued for her informal leadership and engagement. She has also been an active member of the New York State Emergency Nurses Association and is now the ENA's President Elect! Congratulations Maryann!

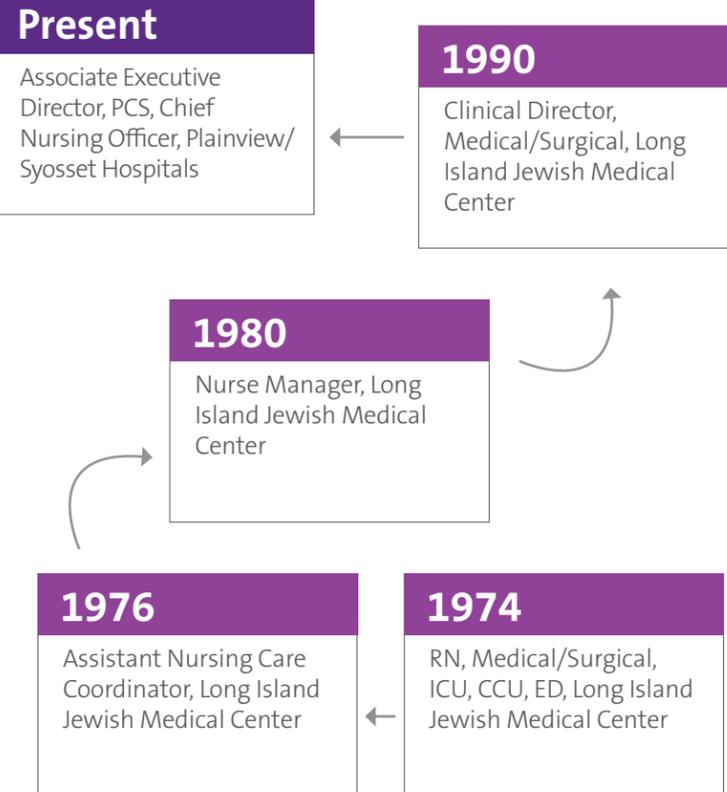
Emergency Nursing Careers  
Are you Made for the *future* of emergency care?

Start here





Marianna Vazquez MSN,  
RN NE-BC



# The deepest *compassion*, the highest honor

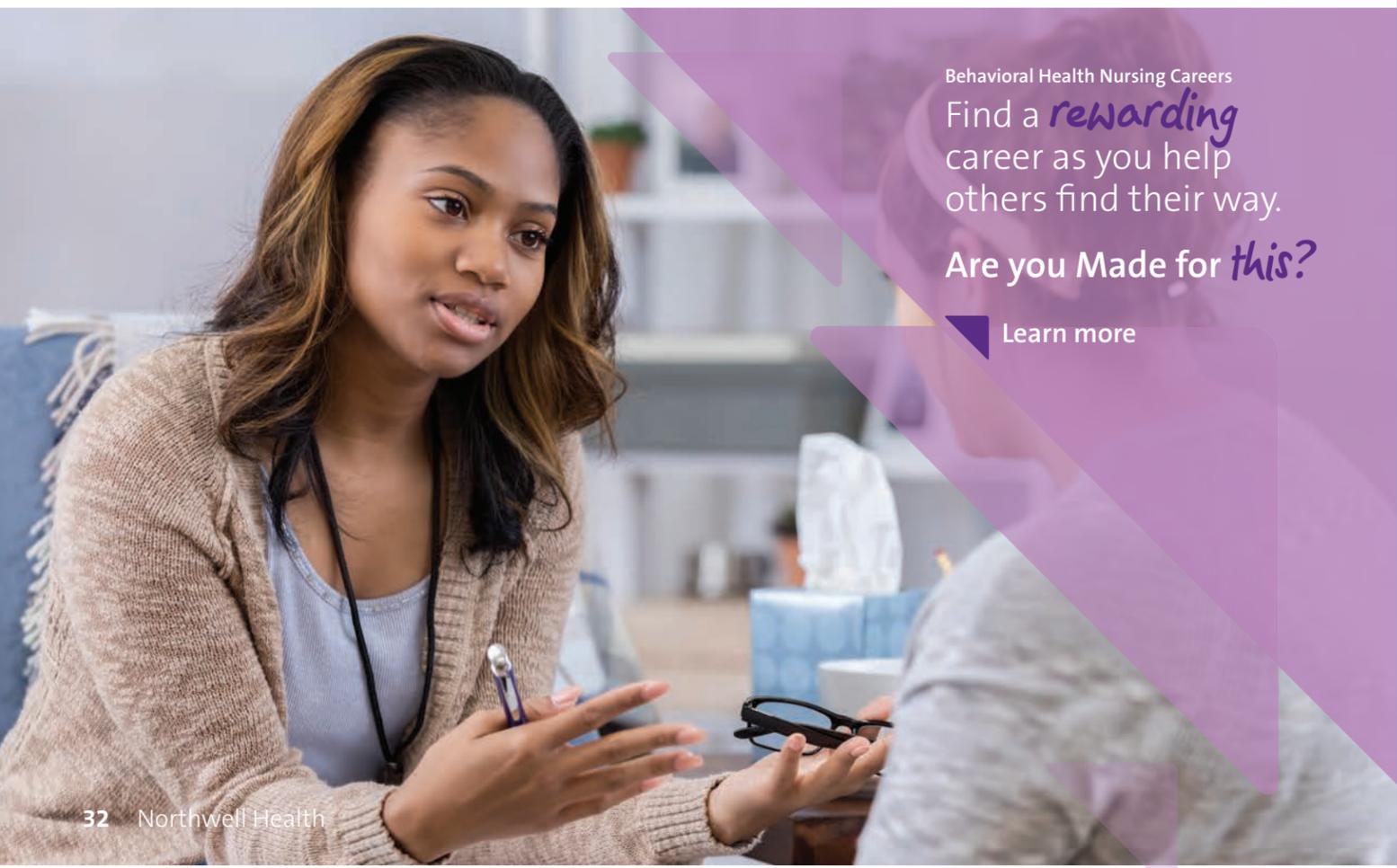
South Oaks Hospital is proud to announce that Vivian Buccino, Charge Nurse, Adolescent Female Unit, was named the President Award winner for Nurse of the Year!

Vivian has worked for South Oaks Hospital for nine years and goes above and beyond for all her patients and her staff. She has touched the lives of countless patients and their families through positive, long-term relationships. She has a particular bond with refugee children and is gifted in decreasing their anxiety while being in a strange place and not understanding the language.

Vivian is always ready to take on any challenge. She uses a holistic approach when providing care, focusing on the mental health needs of the girls as well as their overall health.

Caring is what runs through Vivian, and it manifests itself in every interaction with patients and their families—exceeding what is expected to ensure everyone is cared for, feels safe and secure. Vivian says that South Oaks Hospital is where she needs to be because her patients need her.

The Child and Adolescent units at South Oaks Hospital provide treatment for children ages 5-12 and adolescents from ages 13-17, who experience acute behavioral and/or emotional problems.



Behavioral Health Nursing Careers

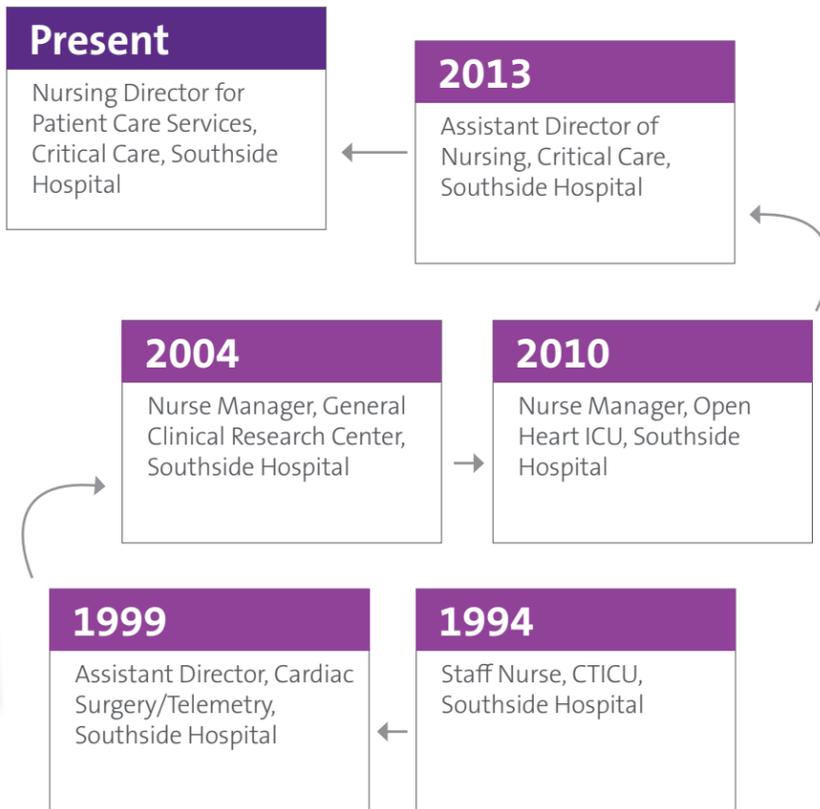
Find a *rewarding* career as you help others find their way.

Are you Made for *this*?

[Learn more](#)



Julie Martusciello



# Easing decision making during life's most difficult times



Jeanine Stark RN, BSN is Southside Hospital's Coordinator of Patient Flow. Jeanine is responsible for placing our admitted and transferred patients in the right bed, at the right time. When census is at 100%, it can be a tremendous challenge.

She discovered an opportunity to make a real difference. Inspired by "The Conversation Project," developed by IHI, Jeanine identified the Emergency Department as a place where early conversations could lead to better patient outcomes and could influence the hospital's length of stay. Jeanine was able to identify predictable, unfavorable diagnoses such as traumatic injury or late life-threatening chronic disease where early consults between the Emergency Department and the Palliative Care Team would enable patients and families to gain knowledge and resources to alleviate difficult end-of-life decisions. Jeanine was even able to present a poster illustrating her initiative at the IHI November Conference.

# Preparing others to "Stop the Bleed."



Uncontrolled bleeding is the number one cause of preventable death from trauma. The actions of bystanders can have the greatest impact on the victim's outcome. Timothy Dackow, MS, RN, NP-C, EMT-P, Southside Hospital's Coordinator of Trauma Injury Prevention, Mission Lifeline STEMI Liaison and Regional Instructor for Stop the Bleed Community Bleeding Control with the Northwell Health Trauma Institute is team training civilians, emergency first responders, and health professionals how to perform basic hemorrhage control until help arrives. Over 14,000 participants have been educated through the combined efforts of the Northwell Trauma Institute and Southside Hospital staff. Timothy has even partnered with Southside's Safety Committee, Code Committee, and the Emergency Department to make Bleeding Control (B-Con) equipment available throughout the hospital.



Timothy shares these five steps for dealing with severely injured and bleeding individuals:

1. Ensure your own safety
2. Alert help
3. Locate bleeding site
4. Compress to stop the bleeding
5. Advocate for bleeding control

# Nina Ng - Bringing a *love* for caring to the world

Nina Ng is passionate about traveling the world to make a difference in other people's lives. From the minute Nina walked through the doors of Syosset Hospital, it was clear that she was Made for this. Nina is kind, caring, giving, and compassionate. Nina has shared her experiences helping others in poverty and has inspired others to become involved. This is how she describes herself:

"I live for meaningful work. At Syosset Hospital, I work as an Assistant Director of Nursing where I take pride in what I'm able to do as a leader, a mentor, and a member of a dedicated healthcare team. Overseas, I volunteer to care for vulnerable populations such as refugees, those affected by war, and orphans living in poverty. Whether I am working in the United States or abroad, I learn as much as I can and spend time thinking about how I can integrate the various skills I have picked up over the years."

"It is my honor to care for others, and I expect to continue growing in my role as a healthcare leader and humanitarian."



*Nina Ng, Assistant Director of Nursing, Syosset Hospital*

# Letting her love for nursing *shine* through

Monica Shin, BSN, RN in the Geriatric Inpatient Behavioral Health Unit at Zucker Hillside Hospital is a 2018 Rising Star winner. And she continues to shine and excel in her nursing profession. Monica won first prize for her poster presentation at the Evidence Based Practice Conference – “Translating the Evidence into Practice.” Her spirit of inquiry was also evident as she evaluated the “Effects of Multifactorial Approach to Falls Prevention in the Inpatient Geriatric Psychiatric Setting” which led to sustainable improvements.

Monica continues to strive towards improved metrics by advocating a better system of safe practices and fall prevention measures. Monica Shin, RN truly embodies the Northwell Health values of:

- Truly Compassionate - She maintains dignity and respect for the most vulnerable population.
- Truly Innovate – She has a spirit of inquiry for safe and effective patient care services and outcomes.
- Truly Ambitious – She continues to excel in her RN professional role.



# Careers Blog *highlights*

February  
**01**  
2019

## **MEETH the team at Manhattan Eye, Ear, & Throat Hospital revolutionizing perioperative ambulatory care**

Throughout 2018, Manhattan Eye, Ear & Throat Hospital (MEETH) worked hard to increase the efficiency and quality of care in our ambulatory OR in New York City.

As part of this effort, MEETH had the exciting addition of robotic surgery in November, making us the first Northwell Health ambulatory center to perform robotic surgery. The program launched with Robotic Assisted Hernia Repair and Robotic Assisted Cholecystectomy cases to great success. The addition of robotic cases within MEETH empowers our team to deliver state of the art and highest quality care to our patients.

January  
**30**  
2019

## **Northwell Ventures Presents: Neteera makes checking vital signs easier for patients and professionals**

As a known industry leader and innovator, Northwell Ventures is always looking for unique and noteworthy ways to deliver better healthcare to our patients while making care easier for our staff. The most recent example of that kind of innovative thinking can be found in our latest collaboration with Neteera Technologies.

January  
**28**  
2019

## **An Appointment With: Michael J. Dowling, Northwell Health President and CEO**

What does the year ahead hold for Northwell Health?

As we kick off 2019, it's important to understand that the business of health care has never been more challenging, from navigating state and federal regulation to ever-increasing competition and integrating emerging technologies.

January  
**24**  
2019

## **CRNAs go above and beyond while their patients are under. Learn more in Northwell Health's CRNA Fact Sheet**

CRNAs are invaluable members of our patient care teams. Every year, they safely administer more than 45 million anesthetics to patients in the U.S. through a safe and cost-effective way. Explore this fact sheet and learn more about this noble profession: What is a CRNA?

January  
**18**  
2019

## **What makes us human makes us Made for this: How Northwell Health is helping battle burnout with the Schwartz Rounds Program**

The discussion of burnout is a hot topic in today's career landscape and this is especially true in healthcare.

January  
**04**  
2019

## **Meet our Truly Compassionate NP Sharon Hasfal**

This post is part of a blog series highlighting Northwell Health's Advanced Clinical Providers (ACP). Each Northwell Health employee was nominated by their manager as an individual that exemplifies a central Northwell Health value. This month, we're proud to introduce you to Sharon Hasfal DNP, ANP-BC., who is a "Truly Compassionate" member of our team. Here's why...

December  
**20**  
2018

## **Northwell Health's top career resolutions for 2019**

The new year is a perfect time to assess your professional growth over the past year and set goals for the next! Set yourself up for a productive, exciting, and successful new year by focusing on your career. At Northwell, we're always looking to empower our employees with the tools they need to improve their skills and accomplish any resolution they make.

December  
**18**  
2018

## **Portraits of Caring at Northern Westchester Hospital**

Welcome to 2019. We're living in the age of medical marvels and miracles. We're using robotic tools, GPS technology, and machines that defy gravity to help keep our community healthy.

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