



# **Health & Well-being Benefits**

Our mission is to help people live healthier lives and help the health care system work better for everyone. This includes you and your family. UnitedHealth Group gives you the programs and resources that support you in living a healthier life and managing health care costs. Generally, health and well-being benefits are available to employees who work at least 20 hours per week. You and the company contribute to the cost of coverage for you and your eligible dependents. For most benefits, you pay your share of premiums on a pretax basis through convenient payroll deductions.

#### **Medical Plans**

UnitedHealth Group offers two types of medical plans for you and your family. Plan eligibility is based on your home ZIP code. The two types of plans are:

**Copay plans** offer cost predictability and member simplicity. For many people, predictable health care costs are essential to maintaining a balanced budget.

**HSA-eligible plans** allow you to take charge of your health. You get the most from your coverage when you actively engage in your health care and decision-making. These plans offer tax benefits, including a savings opportunity through the Health Savings Account (HSA) which can be used for qualified medical expenses now and in the future.

All medical plans cover in-network preventive care at 100% and you'll pay only a copay for preventive prescription drugs.

Note: All medical plans are eligible to use a tax-advantaged health care flexible spending account to pay for eligible health care expenses.

When choosing a medical plan, it's important to carefully consider all of the relevant factors and decide what's most important to you and your family such as premiums, out-of-pocket costs when you or a family member needs care, and other variables, like whether your doctor is in network.

While it's important for you to understand and weigh the differences in the medical plans offered, rest assured that all of them offer many great benefits: in-network preventive care is covered at 100%, access to high quality providers, free or low-cost virtual visits, free diabetic supplies and a free mail order benefit for insulin, and much more.

#### **Rewards for Health**

If you enroll in an eligible medical plan you can participate in Rewards for Health, our personalized well-being program. When you complete recommended activities, earn\* up to

- \$800 for you.
- \$950 for you and your covered children.
- \$1,600 for you and your covered spouse/domestic partner.
- \$1,750 for you and your covered spouse/domestic partner **and** children.

\*Rewards earned are based on the actions of the employee and covered spouse/domestic partner. Children do not earn rewards.

#### **Health Care Advisor**

Health Care Advisor is your go-to resource for personalized health care support and guidance. You have access to benefits experts and clinicians who can provide fast, reliable answers to all of your health care questions. It's available to you and your family if you enroll in an eligible UnitedHealth Group medical plan. Contact Health Care Advisor day or night, 365 days a year, by calling or text to chat. Select locations have a Health Care Advisor on site.

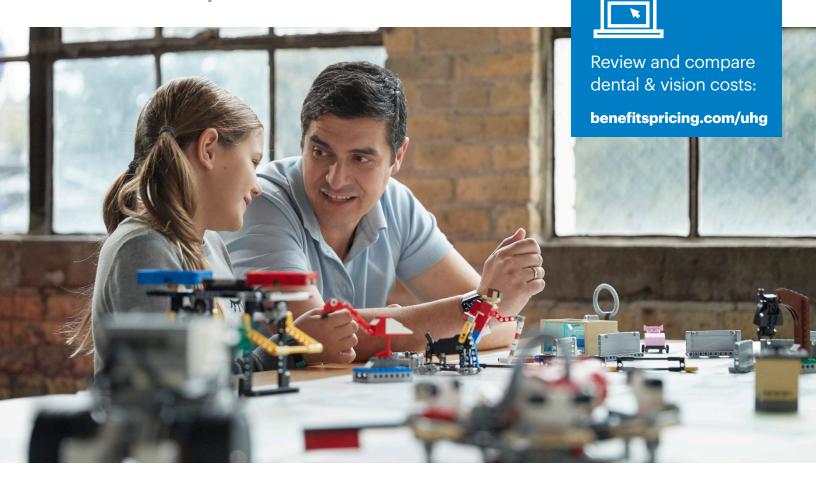


Review and compare medical plan costs:

benefitspricing.com/uhg

To help you choose the best medical plan option for you and your family, access – Help Me Choose.

It's a medical plan decision support tool that asks a few simple questions about needs and preferences and recommends a medical plan that may be the best fit based on your personal situation.



#### **Dental Plans**

The two dental plan options, Basic and Comprehensive, allow you to see any dentist, but you'll receive a higher level of benefit when you see a network dentist. Both options cover preventive services, such as cleanings, at 100%, even if you've hit your annual limit.

The Basic option provides coverage for basic services, including oral exams, cleanings, X-rays, fillings and root canals. The Comprehensive option provides coverage for basic services, as well as major services, such as crowns, inlays and dentures, and orthodontia services for eligible dependents up to age 19.

## **Vision Plans**

The three vision plan options — Exam Only, Exam & Materials and Exam & Materials Plus — provide access to the UnitedHealthcare Vision nationwide network of private practice optometrists and ophthalmologists, as well as conveniently located retail stores. You also have access to Warby Parker's designer prescription eyewear online or at stores nationwide. With all three options, you can receive care from any provider, but you will pay less when you see a UnitedHealthcare Vision network provider.

The Exam Only option covers a yearly eye exam for a copay. The Exam & Materials option provides coverage for an annual eye exam and vision-related services and materials, including frames, lenses and contact lenses (in lieu of glasses). The Exam & Materials Plus option includes certain other lenses and lens coatings when you obtain them from a UnitedHealthcare Vision network provider.

## **Flexible Spending Accounts**

## **Health Care Flexible Spending Account**

The Health Care Flexible Spending Account (FSA) lets you set aside pretax money from your paychecks to pay for eligible out-of-pocket health care expenses for you and your eligible dependents. You may enroll in the Full-Purpose FSA or the Limited-Purpose FSA, depending on your medical plan selection.

## **Family Care Flexible Spending Account**

The Family Care Flexible Spending Account (FSA) lets you set aside pretax dollars from your paychecks to pay for eligible child care and elder care expenses. Resources, discounts and support services for child and elder care are also available.

## **Commuter Expense Reimbursement Account**

The Commuter Expense Reimbursement Account lets you set aside pretax money from your paychecks to pay for certain eligible commuter expenses, including parking and public transportation.

# **Life Insurance and Accidental Death & Dismemberment** (AD&D) Coverage

### **Employee Basic Life Insurance and AD&D**

If you work full time (35 or more hours per week), UnitedHealth Group provides Basic Life Insurance with AD&D coverage equal to 2x your Benefit Compensation up to a maximum of \$2,000,000. You do not pay a premium for this coverage; however, the value of the company-paid premiums above \$50,000 is considered imputed income and is taxable. If you work part time (less than 35 hours per week), you receive a flat coverage amount of \$10,000.

### **Employee Supplemental Life Insurance and AD&D**

If you work full time (35 or more hours per week), you may purchase from 1x to 5x your Benefit Compensation, up to \$3,000,000 of combined Basic and Employee Supplemental Life Insurance coverage. Evidence of Insurability (EOI) may be required.

#### **Spouse or Domestic Partner Life Insurance and AD&D**

If you work full time (35 or more hours per week), you may purchase coverage in increments of \$10,000, up to a maximum of \$250,000, for your spouse or domestic partner. EOI may be required.

Money goes into your FSA accounts tax-free and comes out tax-free, as long as you use it to pay for eligible expenses.



#### **Child Life Insurance**

You may buy coverage of \$5,000 or \$10,000 per eligible child up to age 26. Premiums are based on your coverage amount, regardless of how many eligible children you cover.

## **Short-Term Disability Coverage**

UnitedHealth Group automatically provides Basic Short-Term Disability (STD) coverage at no cost to you. Basic STD coverage is equal to 60% of your pre-disability earnings.

#### **Supplemental Short-Term Disability**

You can purchase Supplemental STD coverage that provides an additional benefit equal to 20% of your pre-disability earnings, increasing your total STD benefit to 80%.

## **Long-Term Disability Coverage**

UnitedHealth Group pays the full cost of your Long-Term Disability (LTD) coverage. Your benefit, if approved, is generally 60% of your pre-disability earnings. You can elect to have the premiums that UnitedHealth Group pays for your LTD coverage treated as taxable income. If you make that election, the benefits you receive under the LTD Plan will be non-taxable income.

# **Well-being Programs and Services**

#### **Stride**

For some of us, taking advantage of fitness opportunities helps us get up and move to better health.

For others, healthy food resources are key to making good choices when it comes to eating and losing weight. And for many of us, stressing less might be the key on our journey to being healthy.

Through Stride, you'll discover holistic well-being support resources, including:

- Access to Peloton which offers workouts across multiple fitness disciplines,
  - including strength, yoga, meditation, stretching, bootcamp, cardio as well as indoor cycling and running content.
- Access to One Pass which offers a discounted subscription-based network of popular gyms, studios, and includes a membership to Shipt.
- On-site Well clinics, at select locations, provide you with coordinated, accessible and personalized care.
- On-site fitness resources, at select locations, such as fitness centers, walking paths, group classes and bike racks.
- Affordable, healthy food at work sites and access to recipes and expert registered dieticians.
- On demand help for stress, anxiety, and depression through the Sanvello app. Sanvello offers on-demand resources such as guided journeys and coping tools to help improve overall mental well-being.
- Health transformation coaching through Real Appeal, an evidencebased weight loss program.
- More programs and online tools to help you meet your health goals.

## **Employee Assistance Program**

Live and Work Well — our Employee Assistance Program provides the support you need to live your best life, including parenting resources, work/life concierge, back-up child and elder care, college planning assistance, caregiving solutions, legal and financial help, access to a money coach, five free in-person counseling sessions, unlimited telephonic counseling, crisis assistance, substance abuse resources and much more.

UnitedHealth
Group offers
a variety of
additional
benefits to help
manage life's
daily stresses.



# **Voluntary Benefits**

#### **Critical Illness Insurance**

Critical Illness Insurance provides financial support if you are diagnosed with certain critical illnesses. You may buy coverage for yourself and eligible dependents. If you or a covered dependent is diagnosed with a critical illness, you will receive a lump-sum amount to help you pay for out-of-pocket medical expenses and daily living expenses such as groceries, rent or mortgage, and child care.

**Accident Insurance** 

Accident Insurance provides additional financial support if you are injured due to an accident. You may buy coverage for yourself and eligible dependents. The coverage pays fixed benefit amounts based on covered expenses for treatments resulting from an accident.

## **Group Legal Insurance**

Group Legal Insurance is available for you to elect. It offers resources to help you prevent and resolve everyday legal and financial issues.

Additional benefits to help support you through the unexpected.

## **Financial Fitness Benefits**

## 401(k) Savings Plan

The UnitedHealth Group 401(k) Savings Plan is an essential part of your retirement and savings benefits and a smart way to strengthen your financial fitness. You are automatically enrolled at a 3% pretax contribution rate. You can increase your rate, decrease your rate or elect not to contribute to the plan at any time. Choose from either the pretax and/or Roth after-tax options.

If you do not make an investment election, all contributions will be invested in the plan's qualified default investment alternative (QDIA) until you change your investment election. You are always 100% vested in your contributions.

After completing one year of service, you are eligible to receive company matching contributions to help your retirement savings grow faster. The maximum employer matching is 4.5% of your eligible pay if you contribute at least 6% of your eligible pay each pay period. You become 100% vested in company matching contributions after you complete two years of service, turn age 65, die or become disabled.

**Employee Stock Purchase Plan** 

The UnitedHealth Group Employee Stock Purchase Plan (ESPP) is a great way to help you achieve your financial goals today and in the future, and a convenient way to participate in company ownership. Through the ESPP, you can purchase shares of UnitedHealth Group common stock at a 10% discount using after-tax payroll deductions. Making after-tax deductions each pay period is a simple way to set aside money to invest in your future. Before deciding to enroll, consider the risks associated with investing in company stock.

## **UnitedHealth Group Credit Union**

The UnitedHealth Group Credit Union (UHGCU) offers accessible, not-forprofit banking services for employees and their families and helps you save for the future. Some benefits of banking with UHGCU include:

- Enhanced Direct Deposit, providing payroll direct deposits up to two days early
- Competitive rates for home, auto, and student loans
- High interest-bearing checking and savings accounts
- · Comprehensive mobile banking

Financial
benefits that
go well beyond
traditional
programs to help
you invest in your
future and save
money today.



- On-site branches, banking services and ATM's at select locations
- Large, nationwide surcharge-free ATM network and unlimited ATM fee reimbursement with PowerPlus Checking™
- Lifetime membership once you join, regardless of where you work or live

## **Employee Discounts**

UnitedHealth Group takes a genuine interest in our employees' financial well-being, and seeks to provide offerings that support you in your life – at work, home and everywhere in between. As a UnitedHealth Group employee, you can take advantage of many discounts on services and products, including pet insurance, hearing aids, external fitness centers and nutrition companies.

## **Competitive Compensation Opportunities**

### **Base Pay**

Your initial base pay at UnitedHealth Group reflects the market and what you bring to the job. However, this is not the only component of your direct compensation package. You are also eligible for other performance-based compensation opportunities, including base salary increases and incentives.

## **Rewarding Results**

All employees are eligible for an incentive plan. The most widely used plan is the Rewarding Results Plan. This plan is one way we recognize your contributions. Incentive awards through Rewarding Results are based on your contribution and the performance — financial and non-financial — of each business unit.

## **Bravo! Recognition Program**

Bravo! is the UnitedHealth Group global recognition program that gives you an opportunity to recognize others and be recognized for demonstrating our values — integrity, compassion, relationships, innovation and performance — collaboration and leadership in the work we do every day.

## **Work & Life Benefits**

#### **Paid Time Off**

Under the UnitedHealth Group Paid Time Off (PTO) program, you accrue a set number of PTO days to use when you're away from your job for personal, sick or vacation time. You accumulate PTO grants each pay period. PTO is offered to employees working 20 or more hours per week. The chart below reflects the 2022 PTO annual grant schedule for employees working 40 hours a week. If you work less than 40 hours a week, your PTO grants are prorated based on your standard workweek.

| 2022 PTO Annual Grant Schedule            |             |         |         |
|---|-------------|---------|---------|
| Years of Service                          | Less than 5 | 5 to 9  | 10+     |
| Grades 20-24, 84, SBA                     | 18 days     | 23 days | 28 days |
| Grades 25-32, 85-92, SBI, SBL, SSL, M1-M4 | 23 days     | 28 days | 28 days |

#### **Holidays**

Each year, UnitedHealth Group recognizes eight company holidays. Eligibility varies according to when you begin working at UnitedHealth Group.

## **Flexible Ways of Working**

Our next-generation, modern ways of working include three work models to promote a collaborative and inclusive culture while balancing the needs of the business with the increased preference for flexible working arrangements. This includes part-time working options for UHG employees, including when returning from leave.

#### **Paid Parental Leave**

Paid Parental Leave provides an additional six consecutive weeks of paid time off to new parents to use within the first six months upon the birth of a child or placement of a child for adoption or foster care. The time off is available to both primary and non-primary caregivers and can be used in a variety of ways: to follow an approved STD claim, supplement an approved STD claim, as continuous (full time) leave or for a reduced work schedule for twelve weeks.

## **Paid Caregiver Leave**

Paid Caregiver Leave provides up to two weeks of paid time off to care for a child, parent, spouse, or domestic partner who has a serious health condition. The time off is allotted per a rolling 12-month period and can be taken continuously or intermittently depending on your family's needs.

## **Bright Horizons Back-Up Care™**

Bright Horizons Back-Up Care helps you do your best work and care for your family with stress-free confidence by offering center- and home-based care, subsidized by UnitedHealth Group, to use when your regular care arrangements fall through or are unavailable and your job requires you to be at work.

## **Bright Horizons College Coach**

Take the worry out of your child's educational future with Bright Horizons College Coach®. Your free benefit gives you access to a team of college admissions and finance experts who can help you maximize your child's academic success and plan for college costs.

## **Nursing Support via Milk Stork**

In addition to providing access to private lactation spaces while onsite and time off during the day to express, UHG supports nursing mothers traveling for company business by covering 100% of the cost of shipping breast milk home with Milk Stork.

#### **Tuition Reimbursement**

If you work at least 20 hours per week, you can qualify for up to \$5,250 per calendar year for job-related coursework in accredited programs.

## **Adoption Assistance Plan**

You can be reimbursed up to \$10,000 if you work full time and \$5,000 if you work part time for eligible expenses for each adopted child.

This brochure provides a general description of the benefit plans provided by UnitedHealth Group. If there is any discrepancy with the official plan documents, the plan documents will control.

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