I became a PCA because it's something that I love to do. I love to care for people and help them recover and feel better.

My typical day I start up in the morning, we come in, we get reports, we do shift report, and then we start doing vital signs and getting the patients ready to start therapy.

What you can expect when you become a PCA, you have to have a caring heart. You have to have a spirit of connection with the patient.

Mundane as it sounds, I did have a PCA who helped to clean me up, shave me, cut my hair that hadn’t been cut in months and clean me up, and it just made me feel better, look better. And she did it with just smiling and laughing, and just a heart giving experience and a wonderful emotional experience.

I get pretty attached to my patients, so I get kind of sad about it. So it's like, I don't want to see you go, but you have to go.

Oh, wow! It's excitement to see them able to move on their own walk, either walking or I just really see them getting their mobility and moving about and returning to their communities.

Memorial was always helpful when it comes to opportunity. So we have a new program called ‘The Clinical Ladder for PCAs’, and we use that for new opportunities for everyone to grow and be able to enhance our bed side skills. I just got an email like the other day I was telling me about how I can do, like, a transition. It was like a scholarship type of thing, and they were able to be able to put in help to make me go to the next level that I want to get to.

Because here, we really focus on teamwork, respect for one another and treating each other with dignity. And if you come and join our team, I promise you will be happy here. It's a blessing. It's truly a blessing to do what I.