



Glendale Adventist Medical Center

Behavioral Health and Recovery Services

Vision

We focus on "Restoring the Human Spirit" by improving the quality of life for those affected by mental illness and related disorders by providing exceptional, compassionate and respectful care in an environment that promotes mental, physical and spiritual well-being.

The Behavioral Health & Recovery Services at Glendale Adventist Medical Center is comprised of Inpatient Psychiatry, Outpatient Mental Health programs, and services for Substance Use Disorders

Inpatient Psychiatry

The range of behavioral health services provided by our Inpatient Psychiatry is unsurpassed by any hospital in the San Fernando and San Gabriel Valleys. Our team includes many disciplines: Psychiatrists, physicians, chaplains, registered dietitians, pharmacists, social workers, marriage and family therapists, occupational therapists, movement therapists and the complete spectrum of nursing professionals.

Psychiatric Acute Care

This spacious 41 bed general psychiatry unit provides interactive, program-based care that typically includes five to seven groups per day. Patients are allowed as much freedom of movement and choice as they can safely manage. Patients have their own dining area and access to an enclosed patio surrounded by mature trees. Groups and activities offered on the unit include occupational therapy, movement groups such as dance and yoga as tolerated, mindfulness based meditation, verbal group therapy, visiting 12-step panels, NAMI groups and a broad range of individual support. Nurses work with a multidisciplinary team to treat patients through:

- General psychiatric care
- Dual-diagnosis treatment
- Complex case management and discharge planning
- 15 minute safety observations
- Integrated community support activities

Psych Intensive Care

This 19 bed locked unit provides for patients who need intensive observation and supervision or who are experiencing impairment of a serious nature needing close attention and intensive treatment. The unit includes areas for dining and living and provides a high-security seclusion capabilities, which may be used to decrease stimulation and provide additional physical safety. Two enclosed patio areas are available for patient use with staff supervision. Nurses work with patients through a highly individualized and intensive care to create the opportunity for rapid stabilization, leading to a lower level of care or safe discharge to home.

Outpatient Mental Health and Recovery

Psychiatrists, psychologists, marriage and family therapists and nurses are all members of the multidisciplinary team in the Intensive Outpatient and Partial Hospitalization Programs (PHP). Our close knit team works collaboratively with patients to develop a unique plan for the care of each person. Transportation and close coordination with other facilities and providers are available during Outpatient care. The services of the Outpatient programs address a wide variety of patient needs including:

- Issues related to an individual's personal development
- Crisis related to aging
- Challenges with returning to work after a serious illness
- Complexities of co-occurring disorders
- Recovery from a serious mental illness

Substance Use Disorder or Addiction Treatment**Glendale Adventist Alcohol and Drug Services (GAADS)**

One of the leading residential chemical dependency treatment programs in the Los Angeles area, we are recognized throughout California as a model for the treatment of persons suffering from these addictive disorders. Nurses, therapists and addiction counselors are the core of the treatment team, working with the patients and families to create and provide of an individualized care plan that focuses on the whole person.