

Former Administrative Fellowship Participant Testimonials

Director, Urology Service Line

"I cannot overstate the short-term and long-term benefits of the Administrative Fellowship program at Sentara. I entered the fellowship with two goals in mind -- 1) to receive exposure to and mentoring from senior leadership who can help guide and develop me, and 2) to gain broad exposure to health care operations across a large health system. Both goals were exceeded here at Sentara. During the fellowship I received regular access and mentoring from the system's top leadership, and the program was customizable to allow me to pursue projects of interest in each of rotations I selected. My fellowship projects ranged from conducting a comparative analysis of a potential IT solution; to managing the development of a physician quality education project; to helping develop Sentara's urology service line program. By the conclusion of the fellowship, I had learned and contributed in many areas while having built durable relationships with senior leaders that continue to guide and mentor me today.

Sentara takes its fellowship program seriously, and it shows by the time senior executives devote to it and the fact that many of them are past Sentara fellows. From the first day of interviews to the last day of the fellowship, they are committed to your development and success."

Program Director, Transformation of Care

"The administrative fellowship was a phenomenal experience. As one of the top integrated health systems in the nation, Sentara provides a truly unique environment for professional development. I was given the opportunity to significantly contribute at all levels. The mentoring relationships fostered at Sentara are unrivaled. Several executives are themselves former Sentara fellows, and significant resources are placed towards making the fellowship program exceptional. I was able to gain the education, experience, and insight I was looking for, and I was able to secure a great position with the company afterwards. The fellowship at Sentara has provided me with a solid foundation for a career in healthcare administration."

Project Coordinator, Construction

"The Administrative Fellowship at Sentara provided invaluable opportunities for professional and personal growth. The daily exposure to the operational, strategic and financial challenges at all levels of and throughout the organization taught me lessons that cannot be learned in any classroom. Senior leadership from across the company is personally invested in your development as a leader. They guide you, mold you and teach you - all the while challenging you to be better each and every day. During my fellowship the projects with which I was involved spanned the continuum of care, from leading a group responsible for evaluating the emergency preparedness of our Level I Trauma Center to evaluating the feasibility of implementing an electronic medical record in post-acute care settings. I firmly believe the expansiveness of the projects with which I was involved and the diversity of the senior leaders whom I have built relationships with have helped make me a more diverse and well-rounded future healthcare leader."

Project Manager, Sentara Medical Group

“The Administrative Fellowship at Sentara was an amazing experience. The program was my top choice of fellowships because of Sentara’s national reputation as a leader among integrated health systems and because of the high level of commitment to opportunities for fellows and mentoring by senior executives, many of whom are former fellows themselves. I thrived in the role by being able to customize my experiences in multiple divisions across Sentara. I was able to lead or participate in many projects such as creating a corporate pandemic response plan, conducting a financial analysis for relocating a hospital outpatient pharmacy, and transforming the ways we deliver primary care for medical group patients. Each project was a top priority to the company and also provided invaluable educational experiences as an early careerist.

By the end of my fellowship year, I had contributed to the company, created for myself a sizable portfolio of experiences across many healthcare settings, and built strong relationships with many senior leaders who were not only able to open doors to job opportunities as my fellowship ended but also provide guidance and mentoring to this day. My experience provided a very strong foundation for a long-term career in health administration.”

Project Manager

“The Administrative Fellowship program at Sentara allows early careerists to learn firsthand how experienced executives lead a nationally recognized health system. The amount of time invested in fellows is remarkable and is evidence of the value that senior leadership places on developing future leaders. I was given the opportunity to determine rotations that met my personal growth needs as well as the needs of our organization. My preceptors took the time to explain organizational history and political dynamics, facilitated relationship building and removed barriers that allowed me to lead meaningful projects. I can say without hesitation that the Administrative Fellowship program at Sentara exceeded my expectations and provided a foundation on which to build my career.”