Fresh Tips for Interview Success

Congratulations on getting an interview! Now, you need to get the offer. Follow these fresh tips in order to have an interview that separates you from the other candidates:

• **Dress for success.** Your clothes should be appropriate for the position you are applying for. Our culture is business casual, but if you are applying for a management or salaried position, business professional is best. Style your hair neatly, and avoid distracting accessories and excessive cologne or perfume.

• **Bring a few copies of your resume.** You may be interviewed by more than one manager, or you may want to have your resume in front of you when discussing your skills, experiences, and accomplishments.

• **Arrive at least 15 minutes prior to your interview.** This gives you some time to find a parking spot and allows you to get out any last-minute jitters.

• **Turn off your cell phone as soon as you arrive.** Leave it in your car or purse.

• **Prepare an answer to “So, tell me about yourself.”** You will be asked this question at some time in your interviewing experiences. Cover your bases with the Southeastern Grocers “Fresh Four”:

  1. What are you doing currently? – Discuss your most recent education or what you are doing at your current job (if applicable).
  2. What have you done in the past? – What positions have you held in the past? What were your biggest accomplishments?
  3. What skills have you developed that make you valuable to the company? – Name the top 3 strengths you’ve developed in your previous experiences that relate to the job opportunity.
  4. What do you enjoy doing when you aren’t working? – Hiring managers want to know you’re human, so feel free to tell them about a fun hobby you have.

• **Do your research.** Use our website and credible sources to learn as much as you can about our stores, company, and customers. You don’t need to know statistics, but having a good understanding of the retail grocery industry is important. Make sure you have reviewed the job description and understand the duties of the position. If not, now’s the perfect time to ask questions.

• **Give a firm handshake to your interviewer** and make good eye contact during the interview. First impressions matter, so be confident and be yourself!

• **Prepare a list of questions to ask at the end of the interview.** Feel free to ask about the company, position, culture, work environment, scheduling, etc.

• **Prepare answers to the most commonly asked interview questions.** It’s as simple as a quick Internet search. We’ve also provided some sources below to help you get started.

• **Stay positive.** Never express negativity towards a former employer or co-worker.

• **Follow up after the interview with a thank you note or email.** Thank the interviewer for taking the time to speak with you, and remind them why you are interested in the position and what you could contribute to the team.

• **Ask for next steps.** Be sure you understand when a decision will be made and how you will be notified.

• **Keep your candidate profile active** to stay up-to-date on open positions.

Here’s more information to help you achieve interview success:

- [How to Ace the 50 Most Common Interview Questions](#)
- [How to Answer the 31 Most Common Interview Questions](#)
- [The Ten Most Common Job Interview Questions](#)
- [What are the Most Common Interview Questions?](#)
- [Top Ten Interview Questions](#)